



★ Boston's Premiere Muay Thai & MMA Academy ★ SINCE 1996 ★

★ MUAY THAI ★ MIXED MARTIAL ARTS ★ FIGHT TRAINING ★ BRAZILIAN JIU JITSU ★

SITYODTONG

NEWSLETTER

August 2010

www.sityodtong.com

WEBSITE MAINTENANCE

If you are a ACTIVE student here at Sityodtong and know how to do website maintenance and is interested in maintaining our website please see Gina or Marie at the front desk.

Top reasons to try a private lesson

1. You get one on one instruction to work with the trainer of your choice, to better anything you'd like, your combinations, your low kicks or even pad work. Its totally up to you!!

2. You get the privacy and convenience to work

BE SURE TO CHECK OUT SOME OF THE NEW ITEMS IN OUR PROSHOP OR ONLINE

<http://sityodtong.com/store/>

MMA SHORTS, VALE TUDO, WARM UP SUITS, LONG SLEEVE RASH GUARDS, SLEEVELESS SHIRTS, TOWELS, TRIBALS, HATS & MORE



Visit the Ball Sq Cafe.

Mike Moccia and the Ball Sq Cafe Staff have dedicated table #7 to Sityodtong Muay Thai for the month of August.

at your own pace and your own times.

3. Its a great alternative to the class scheduled training, for you to gain an extra personal advantage in a safe training environment.

4. You can tailor the instruction to suit your needs specifically

5. If you're currently not in your top physical condition and you've wanted to start training in a martial art but you were a little hesitant, then Private Lessons can be a great way to get started.

Tyson Chartier shirt

Help support Sityodtong fighter Tyson in buying one of his newest fight shirts!



SYT CLOSED

Just a reminder that SITYODTONG will be CLOSED September 3rd through the September 6th and will re-open September 7th for regular scheduled

Please stop by and enjoy a fabulous breakfast or lunch. They are located at 708 Broadway.

<http://www.ballssquarecafe.com/>

Fight Information

Interested in tickets? Please see the fighter directly or you can purchase them on the website given below.

DON'T FORGET TO USE SYT FIGHTER NAME OR CODE!

July Fights Results:

7-30-10. CAGE TITANS - Eddie Lee won Submission of the night & John "Luda" Cumper won Knock out of the night! CONGRADULATIONS to both of them.

7-31-10. TRIUPMH - Rick Hawn beat Shonie Carter 2nd round TKO 4:08.

Check out RICK HAWN'S new website

August Fights:

8-7/8-10. Mercedes Kaestner wrestles at NECW Wrestling in Quincy MA.

8-13-10. Tyson Chartier fights for AFO at the Holiday Inn in Mansfield MA.

8-14-10. Mike gresh fights for CFX at Campanelli Stadium in Brockton MA.

8-21-10. Jorge Gurgel fights for STRIKEFORCE at the Toyota Center in Houston TX.

8-28-10. Marcus Davis fights for UFC 118 at the Boston Garden in Boston MA.

September Fights:

9-18-10. Eddie Lee, Dat Tran, Leon Campbell, Woody Weatherby, and Jimmy Davidson all fight for XCFL at the Lowell Auditorium in Lowell MA.

October Fights:

10-23-10. Pat Cote fights for UFC 121.

Check out Pat Cote's new website for more info.

classes.

Newsletter Signup



Mouthpiece Radio

The Mouthpiece Radio Network features three weekly one hour radio shows, Mouthpiece Boxing, Mouthpiece Wrestling, and Mouthpiece MMA shows. The show airs live Saturday nights from 9pm - 12am.

WWZN AM1510 **Boston**
WGAM AM 1250 **Manchester NH**
WGAM AM 900 **Nashua NH**
WARL AM 1230 **Providence RI**
WIFI AM 1460 **(Central) NJ**



OR MORE INFORMATION AND
LISTEN ONLINE AT
MOUTHPIECERADIO.COM



QUICK NOTES:

Marcus Davis will start his training camp for UFC118 for his fight againg Nate Diaz.

**The UFC Fan Expo & The
UFC Fights come to Boston
August 27th and 28th.**

Some info links below:
UFC 118 in Boston MA.

<http://www.ufc.com/event/UFC118>

UFC Fan Expo

<http://www.ufcfanexpo.com/en/August-2010/Home/>

If you would like to share some info or activities with other Cityodtong students, please let Gina or Marie know and we will be sure to put it in our next newsletter !!!